

# GSS0-series

## Ergonomic Sit-Stand Workstation

### Are you sitting too much?

Sitting for over 4 hours a day may lead to disrupted blood sugar levels, increased blood pressure, and back pain.

Reducing to less than 3 hours a day could increase your life expectancy by up to 2 years.

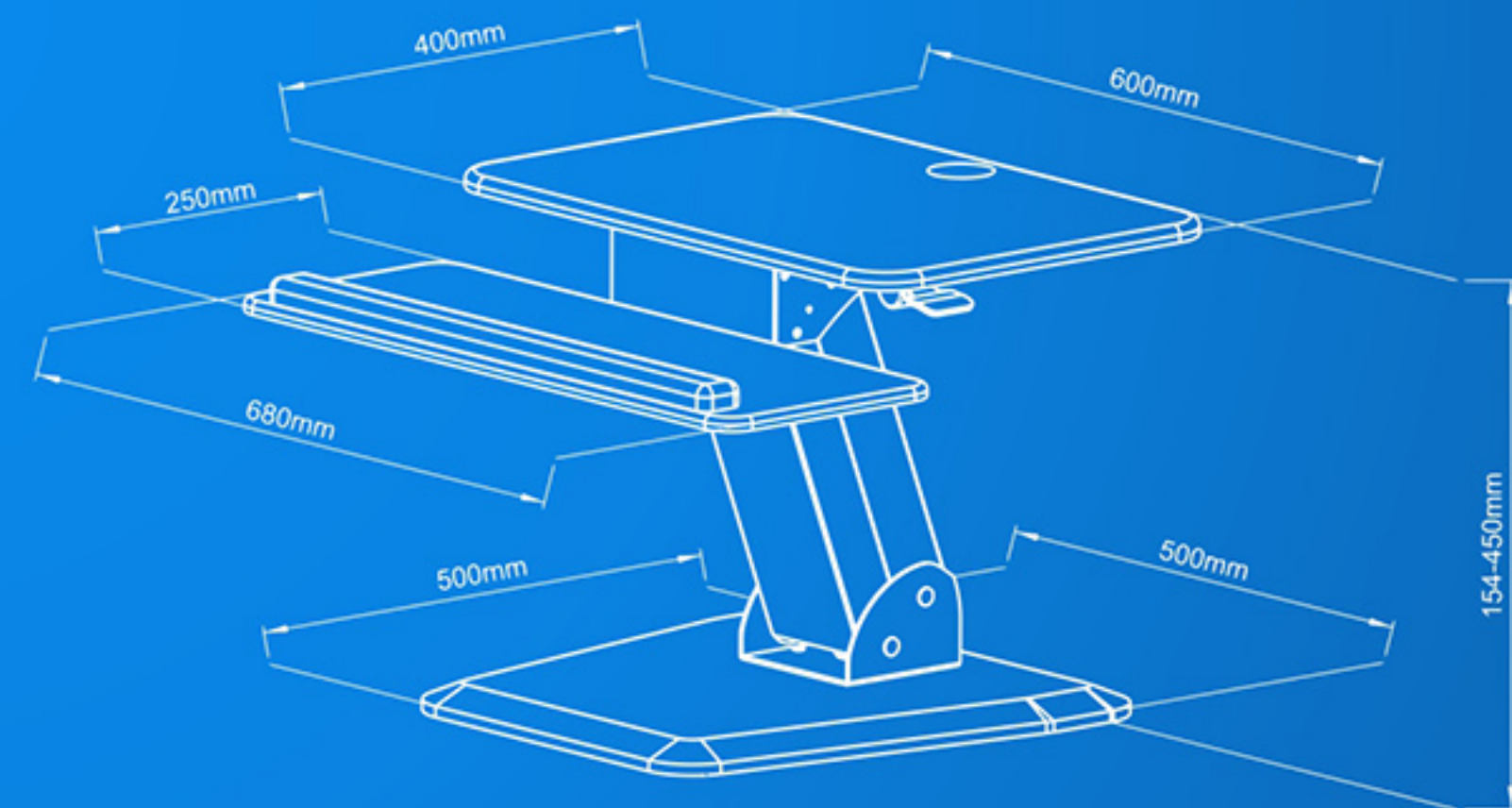
The Allcam Sit-Stand workstation is a new ergonomic development designed for busy professionals, you can change position from sit to stand with a simple pull.

It keeps you pro-active, energetic, and more efficient in your workspace.



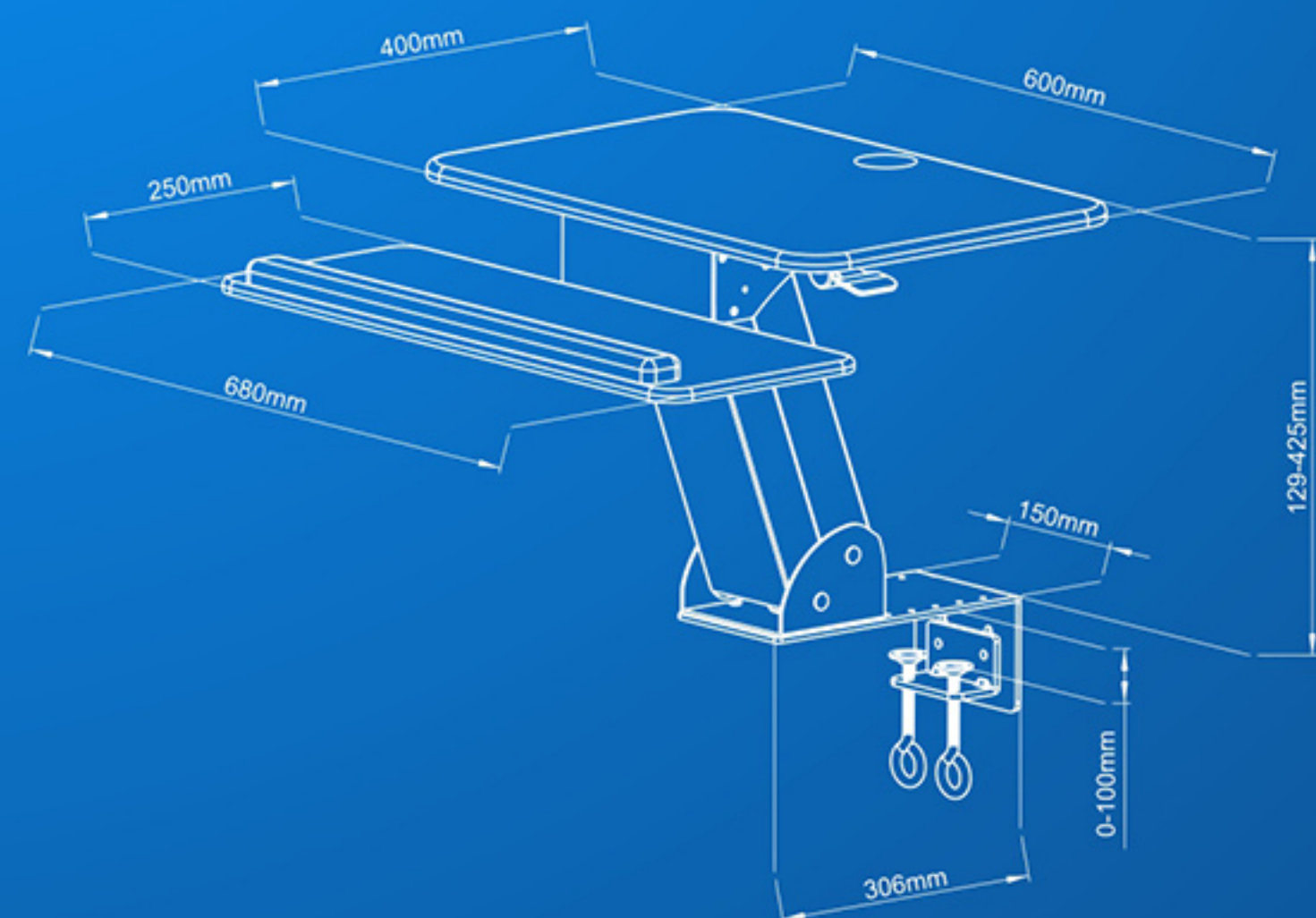
### GSS03BAS

with Weighted Base



### GSS04CLP

with Desk Clamp



### The Allcam GSS0-series Sit-Stand workstations help reduce sitting hours while working.

- Gas spring technology, change position from sit to stand with a simple pull
- Help reduce your sitting hours while working
- Help to alleviate lower back pain and extend life expectancy
- Optional pole & monitor arm (compatible with MDM10-, MMS10-, GSA10-, GSA20-series monitor stands)
- Weight capacity 30 lbs (13.6 kg)



GSS03BAS+MMS10S  
SIT WORKSTATION



GSS03BAS+MMS10S  
STAND WORKSTATION



GSS03BAS+MMS10D  
SIT WORKSTATION



GSS03BAS+MMS10D  
STAND WORKSTATION